

# Commonly Available Snacks Free of Peanuts, Tree Nuts and Eggs Content Updated: January 13, 2014

Note:

See Page 12 for the Candy List See Page 13 for the Chocolate List This copy was downloaded: January 30, 2015

<u>Do not</u> use this copy after: February 13, 2015

After this date, download a new copy from: snacksafely.com/snack-guide

# About this guide

Snacks listed in this guide have been selected because:

- They do not contain peanuts and tree nuts and unless explicitly marked otherwise eggs as ingredients;
- Their packaging list no warnings that these allergens may have been introduced during manufacturing;
- For many, we have verified the manufacturing and labeling practices via participation in the *SnackSafely.com Manufacturer Partnership Initiative*, for others, with their respective manufacturer's consumer services by phone or e-mail;
- They are readily available at your local supermarket, health food store or internet shop.

Items preceded by the following symbols are marketed by their respective manufacturer to be free of specific allergens whether on their packaging, in promotional literature, on their website, or in writing to us:

- √ a green check mark indicates the item is marketed as free of peanuts, tree nuts, and eggs;
- ▲ a green triangle indicates the item is marketed as free of peanuts and tree nuts only not eaas;

Items listed in **boldface** are from manufacturers that participate in our Partnership Initiative and disclose their manufacturing processes regarding 11 allergens directly to SnackSafely.com via our Manufacturers' Product Portal.

Please read the following disclaimer before using this guide. Your use of this guide indicates that you understand, accept and agree to its limitations:

DISCLAIMER: ALL INFORMATION REGARDING INGREDIENTS AND MANUFACTURING PROCEDURES WERE COMPILED FROM CLAIMS MADE BY THE PRODUCTS' MANUFACTURERS ON THEIR LABELS OR VIA OTHER MEANS AND MAY ALREADY BE OUT OF DATE. ALTHOUGH EVERY EFFORT HAS BEEN MADE TO BE AS ACCURATE AS POSSIBLE, WE DO NOT ACCEPT ANY LIABILITY FOR ERRORS OR OMISSIONS MADE BY US OR THE PRODUCTS' RESPECTIVE MANUFACTURERS. THIS LIST IS FOR INFORMATIONAL PURPOSES ONLY AND IS INTENDED TO SERVE AS A GUIDE, NOT AS AN AUTHORITATIVE SOURCE, AND IS NOT INTENDED TO REPLACE THE ADVICE OF ANY MEDICAL PROFESSIONAL. PRIOR TO PURCHASING ANY LISTED FOOD ITEM, IT IS YOUR RESPONSIBILITY TO CHECK THE PRODUCT LABEL TO ENSURE THAT UNDESIRED ALLERGENS ARE NOT INCLUDED AS INGREDIENTS AND TO VERIFY WITH THE MANUFACTURER THAT TRACE AMOUNTS OF UNDESIRED ALLERGENS WERE NOT INTRODUCED DURING THE MANUFACTURING PROCESS. CURRENT FDA LABELING GUIDELINES DO NOT MANDATE MANUFACTURERS DISCLOSE POTENTIAL ALLERGENS THAT MAY BE INTRODUCED AS PART OF THE MANUFACTURING PROCESS.

#### Please note:

- We welcome and encourage your comments, corrections, testimonials, feedback and suggestions. Please use our *Contact Us* page at: <a href="mailto:snacksafely.com/contact-us">snacksafely.com/contact-us</a>.
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- We encourage schools, youth sports leagues, clubs, organizations and bloggers who wish to refer to this guide on their respective websites to use the following link: <a href="mailto:snacksafely.com/snack-guide">snacksafely.com/snack-guide</a>.

FRE

FISH FREE •

SHELLFISH FREE • GMO FREE • GLUTEN FREE • WHEAT FREE • PEANUT FREE • TREE NUT FREE

DAIRY FREE • TREE NUT FREE • GMO FREE • FREE FROM • EGG FREE • GLUTEN FREE • WHEAT FREE • **GMO FREE** EGG



# PURE DELIGHT

NO SOY · NO DAIRY · ALL CHOCOLATE



Make the deliciously sweet and safe choice with Enjoy Life Semi-Sweet Mini Chips, Mega Chunks and NEW Dark Morsels! They're dairy and nut free as well as free from the 8 most common allergens, and because we don't use soy fillers, there's room for more pure chocolate! All our chocolate is created in a dedicated nut free facility, so you can eat freely while enjoying every bit of chocolate decadence.

# EAT FREELY, ENJOY FULLY



Learn more about our complete line of delicious Free-From products at











PEANUT FREE • DAIRY FREE • EGG FREE • FREE FROM • GMO FREE • TREE NUT FREE • SOY FREE •

FISH FREE

GLUTEN FREE • WHEAT FREE • PEANUT FREE • TREE NUT FREE • DAIRY FREE • SOY FREE • EGG FREE



- Line a baking sheet with parchment or waxed paper.
- Chop ½ cup pretzels finely. Chop the remaining pretzels very finely. Set both aside.
- Put the SunButter® in a mixing bowl and stir until creamy.
- Put the marshmallows in a microwave-safe bowl and microwave for 1 minute at high power.
   The marshmallows should be puffed up and very soft, not melted. Add the marshmallows to the SunButter® along with the ½ cup chopped pretzels. Stir until well combined.
- · Roll heaping teaspoons of truffle mixture into balls and place on the prepared baking sheet. Freeze for 1 hour.
- Place the chocolate chips in a microwave safe bowl and microwave until most of the chocolate chips are melted, about 1 minute. Stir until smooth and glossy.
- Using a spoon, dip the balls into the melted chocolate and coat. Place back on the baking sheet and sprinkle with a little of the very finely chopped pretzels. Refrigerate until the chocolate is set about half an hour.

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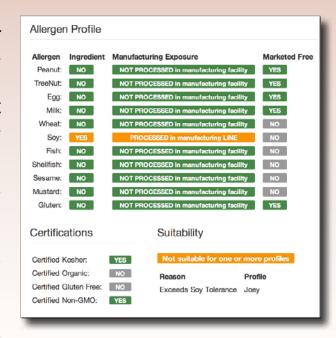
# The *Only* Service That Shows You the Potential for Cross-Contamination with 11 Allergens for Each Product

Fact: FDA regulations do **not** require food manufacturers to disclose the possibility of contamination with common allergens. Warnings like "may contain traces of peanuts" and "manufactured on equipment that also processes milk" are entirely voluntary and there are **no** guidelines for when they should be used, how they should be worded, or where they should be displayed. Their absence does not mean the product is safe, even for well-known brands by major manufacturers.

We understand how frustrating the search for products can be when caring for people with food allergies. That's why we created Allergence™, a free service by SnackSafely.com™ that picks up where the label leaves off.

By leveraging our proprietary platform and the relationships we developed with over 40 responsible manufacturers, Allergence provides you with detailed, easy to understand information regarding how 11 of the most common allergens are processed during the manufacture of each product.

The service provides coverage of the FDA's "Top 8" allergens – peanuts, tree nuts, eggs, milk, wheat, soy, fish and shellfish – as well as gluten, sesame and mustard. Allergence will show you when each allergen is used as an ingredient, how it's processed, and whether the manufacturer explicitly markets the product as "Free-From" that allergen.



Allergence will also inform you whether the product bears kosher, organic, gluten free an non-GMO certifications from industry recognized authorities.

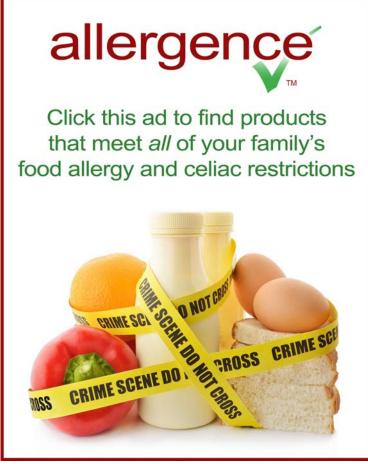
You can even set up profiles for each allergic individual you care for and Allergence will advise you when a particular product meets (or doesn't meet) your requirements.

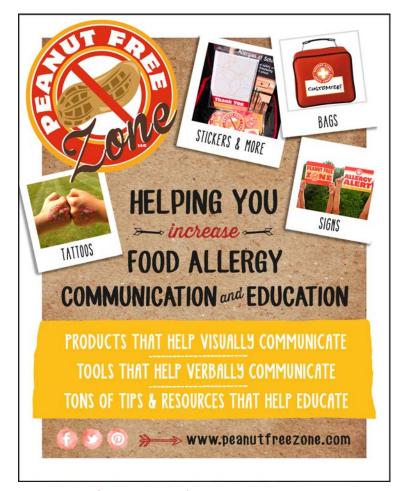
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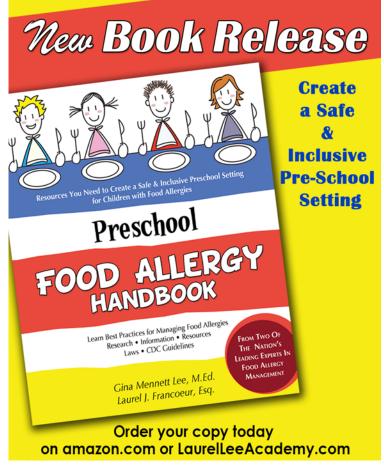
snacksafely.com/allergence



dairy free \* egg free \* peanut free \* tree nut free







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#### PRETZELS

- √ Gerbs Pretzels
- √ Utz Halloween Pretzel Treats
- √ Utz Hard Pretzels
- √ Utz Pretzel Sticks Cinnamon, Country Stix
- √ Utz Pretzel Varieties Butter Waffle, Holiday Shaped, Nuggets, Phineas and Ferb Shaped, Pop'z, Rods, Wheels
- √ Utz Select Pretzel Sticks Butter, Pumpernickel, Seven Whole Grain, Toasted Sesame
- ✓ Utz Select Pretzels Everything, Honey Wheat Braided Twist
- ✓ *Utz Special Pretzels* Extra Dark, Multigrain, Regular
- √ AllerEnergy Gluten-Free Soft Pretzels
- Bachman Twist, Butter Twist, Mini Bite Size, Thin N Right, Pretzel Rods, Kidzels, Pretzel Stix, Nutzels (bite-size), Hard Sourdough, Pita Pretzel Squares, Kidzels 100 Calorie Pack
- Herr's Extra Thin, Rods, Whole Grain Pretzel Sticks Honey Wheat
- Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip
- Newman's Own Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels
- Nabisco 100 Calorie Mister Salty Pretzels Milk Chocolate, Yogurt Flavored
- Oatzels Original, No Salt Added
- Pepperidge Farm Goldfish Pretzels
- Pepperidge Farm 100 Calorie Pouches Goldfish Pretzels
- Rold Gold Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat, Cheesy Garlic
- ShopRite Mini, Mini Fat Free, Mini No Surface Salt, Gem, Amish Pretzel Sticks, Amish Pretzels Fat Free, Amish Pretzels No Surface Salt, Thin, Thin Fat Free, Waffle, Rods, Stick Pretzels Fat Free

#### **CORN/TORTILLA CHIPS**

- ✓ Late July Organic Multigrain Tortilla Chips Dude Ranch, Mild Green Mojo, Red Hot Mojo, Sea Salt by the Seashore, SubLime, Summertime Blues, Sweet Potato
- √ Utz Corn Chips BBQ
- √ Utz Lowfat Baked Tortilla Chips
- ✓ Utz Organic Tortilla Chips Blue Corn, White Corn, Yellow Corn
- √ Utz Tortilla Chips Dippable, Multigrain, Restaurant Style, White Round, Yellow Round
- Bachman Tortilla Chips Restaurant Style, MultiGrain
- Doritos Nacho Cheese, Cool Ranch, Spicy Nacho, Tacos Flavor, Spicy Sweet Chili, Toasted Corn, Pizza Supreme
- Herr's Restaurant Style, Bite Size Dippers
- Natural Tostitos Organic Yellow Corn, Blue Corn
- Sage Valley Yellow Corn Tortilla Chips
- Santitas Tortilla Triangles
- Stacy's Pita Chips Simply Naked, Cinnamon Sugar, Parmesan Garlic & Herb
- Sun Chips Original, Harvest Cheddar, French Onion, Garden Salsa, Jalapeno Jack
- *Tostitos* Restaurant Style, Scoops, Crispy Rounds, Multigrain, Multigrain Scoops, Bite Size, Hint of Jalapeno, Hint of Lime
- Tostitos Artisan Recipes Roasted Garlic & Black Bean, Fire-Roasted Chipotle

#### **VEGETABLE CHIPS**

- √ Enjoy Life Plentils Crunchy Lentil Chips Dill & Sour Cream, Garlic & Parmesan, Light Sea Salt, Margherita Pizza
- √ Tiger Nuts Premium Organic, Supreme Peeled
- Good Health Natural Foods Veggie Chips, Veggie Stix, Pizza Veggie Stix
- Pirate's Booty Veggie

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#### POTATO CHIPS

- √ Utz Baked Crisps BBQ, Cheddar and Sour Cream, Original
- ✓ Utz Potato Chips BBQ, Carolina BBQ, Cheddar and Sour Cream, Crab/Old Bay, Honey BBQ, No Salt, Onion and Garlic, Red Hot, Regular, Salt & Vinegar, Salt and Pepper, Southern Sweet Heat BBQ
- √ Utz Ripple Baked Crisps
- √ Utz Ripple Potato Chips
- √ Utz Wavy Potato Chips Baby Back Ribs, Pit BBQ, Regular, Tabasco Flavored
- Baked Ruffles Original, Cheddar & Sour Cream
- Baked Lay's Original, Sour Cream & Onion, Parmesan and Tuscan Herb
- Boardwalk Salt & Vinegar, Jalapeno
- Cape Cod Original, Sour Cream & Green Onion
- Herr's Crisp 'n Tasty, Ripples, Sour Cream & Onion, Barbecue, Salt & Vinegar, Lightly Salted, Red Hot
- Herr's Kettle Cooked All Natural, Mesquite BBQ, Dark Potato Chips, Reduced Fat,
- Kettle Brand Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
- Kettle Brand Bakes Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar
- Lay's Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar,
   Garden Tomato & Basil, Honey Mustard, Honey Barbecue
- Lay's Kettle Cooked Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
- Munchos
- Mystic Kettle Potato Chips Regular, Reduced Fat, Dark Russet, Sea Salt & Vinegar
- Natural Lay's Sea Salted
- Popchips Original Potato, Barbeque Potato, Cheddar Potato, Sour Cream & Onion Potato, Sea Salt & Vinegar Potato,
   Salt & Pepper Potato Fritos Original, Flavor Twists Honey BBQ, Scoops, Bar-B-Q
- Pringles Original, Reduced Fat, BBQ
- Pringles Snack Packs Original, 100 Calorie Snack Packs Original
- Ruffles Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese,
   Molten Hot Wings
- ShopRite Original, Krinkle Cut, No Salt Added, Salt & Vinegar, Barbecue
- ShopRite Organic Barbecue
- ShopRite Kettle Potato Chips Original, Sea Salt & Pepper
- Wise All Natural, Lightly Salted, BBQ, Unsalted, Salt & Vinegar, Onion & Garlic, Honey BBQ
- Wise Ridgies All Natural, Sour Cream & Onion, Cheddar & Sour Cream

#### **POPCORN**

- √ *Divvies Popcorn* Caramel Corn, Kettle Corn
- √ Utz Popcorn Butter, Cheese, White Cheddar
- √ Utz Tabasco Flavored Popcorn Butter, Cheese
- Bachman Original, Light
- Good Health Natural Foods Half Naked Popcorn with a Hint of Olive Oil
- Kurly Korn Premium Cinema Popcorn
- Sage Valley Lite Organic Popcorn
- Smartfood White Cheddar, Reduced Fat, Movie Theater Butter
- Wise Original Butter, White Cheddar

### **RICE SNACKS**

- Quaker Quakes Rice Snacks Caramel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion
- Lundberg Organic Rice Cakes Rice with Popcorn, Brown Rice, Mochi Sweet, Sweet Green Tea

#### **PORK RINDS**

- √ Utz Fried Port Rinds
- √ Utz Pork Rinds BBQ, Hot and Spicy, Salt and Vinegar

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#### CHEESE SNACKS

- √ Utz Cheese Balls Hot, Plain
- √ Utz Cheese Curls Crunchy, Hot, Plain, Tabasco, White Cheddar
- Cheetos Puffs, Puffs Honey BBQ, Crunchy, Flamin' Hot Crunchy, Baked
- Herr's Baked Cheese Curls
- Kurly Kurls
- Kurly Go Rounds
- Original Tings Crunchy Corn Sticks
- Pirate's Booty Aged White Cheddar, Sour Cream & Onion, New York Pizza
- Smart Puffs
- Sage Valley White Cheddar Puffs
- Wise Cheez Doodles Puffed, Puffed O's, Crunchy

#### GRANOLA/TRAIL MIXES/SEEDS

- ✓ Enjoy Life Seed & Fruit Mixes Beach Bash, Mountain Mambo
- √ *Enjoy Life Granola* − Cinnamon Raisin Crunch, Double Chocolate Crunch , Very Berry Crunch
- √ Gerbs Granola Cranberry Harvest, Dark Chocolate, Original Blend
- ✓ Gerbs Pumpkin Seed Kernels Lightly Sea Salted, Raw, Roasted Unsalted
- √ Gerbs Raw Black Chia Seeds
- √ Gerbs Raw Brown Flax Seeds
- √ Gerbs Raw Hemp Seed Kernels
- √ Gerbs Salad Toppers Cape Cod Antioxidant Mix, Cracker Crunch Mix, Super Seeds Mix
- √ Gerbs Seed Meal Raw Flax Seed, Raw Pumpkin Seed, Raw Sunflower Seed, Whole Hemp Seed
- √ Gerbs Snack Mixes SuperFruits, Sweet & Salty
- ✓ Gerbs Sunflower Seed Kernels Lightly Sea Salted, Raw, Roasted Unsalted
- √ Gerbs Whole Hemp Seeds Roasted Unsalted, Sea Salted
- √ Gerbs Whole Roasted Pumpkin Seeds Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ Gerbs Whole Roasted Sunflower Seeds Lightly Sea Salted, Raw
- √ I.M.Healthy Granola Plain, w/Fruit
- √ Nots! Sustenance Snacks Cajun, Original, Peppa
- √ Nonuttin' Granola Blueberry Maple, Cranberry Apple, Vanilla Cinnamon, Vanilla Caramel
- ✓ Nonuttin' Trail Mix Berry Delight, Fruit Explosion, Energy Explosion

#### FRUIT SNACKS/DRIED FRUIT

- √ Barefruit All Natural Apple Chips Chile Lime, Cinnamon, Fuji Red, Granny Smith, Sea Salt Caramel
- √ Brothers-All-Natural Fruit Clusters Apple Cinnamon, Blueberry Apply, Raspberry Apple
- ✓ **Brothers-All-Natural Fruit Crisps** Asian Pear, Banana, Fuji Apple, Fuji Apple with Cinnamon, Mandarin Orange, Mango, Mixed Berry, Peach, Pineapple, Strawberry, Strawberry-Banana
- √ Gerbs Dried Fruits Blueberries, California Raisins, Cranberries, Goji Berries, Tart Cherries
- ✓ Annie's Organic Bunny Fruit Snacks Sunny Citrus, Tropical Treat
- √ Funky Monkey Snacks Applemon, Bananamon, Carnaval Mix, JiveALime
- Betty Crocker Fruit Roll-Ups
- Betty Crocker Fruit By The Foot
- Fruit Gushers
- Betty Crocker Fruit Flavored Snacks Dora the Explorer, Scooby-Doo, SpongeBob Square Pants, Shark Bites
- Clif Kid Organic Twisted Fruit Strawberry, Mixed Berry

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#### **CRACKERS**

#### √ Gerbs Salted Mini Crackers

- All-Bran Crackers Multi-Grain
- Cheese Nips Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
- Cheez-It Original, Reduced Fat, Big, White Cheddar, Reduced Fat White Cheddar, Hot & Spicy, Parmesan & Garlic,
   Duoz, Scrabble Junior, Cheddar Jack, Pepper Jack, Baby Swiss, Italian Four Cheese, Colby, Whole Grain, Gripz
- Cheez-It Snack Mix
- Goldfish Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain
- Goldfish Flavor Blasted XPlosive Pizza, Xtra Cheddar, Slammin' Sour Cream & Onion
- Goldfish Mix-Up Adventures Pretzel & Flavor Blasted Xtra Cheddar, Xtra Cheesy Pizza
- Goldfish Grahams Cinnamon, Chocolate, Chocolate Chip, Vanilla
- Goldfish 100 Calorie Pouches Cheddar, Pretzel
- Keebler Club Original, Reduced Fat, Multi-Grain, Buttery Garlic, Minis Original, Minis Multi-Grain
- Keebler Club Snack Sticks Original, Honey Wheat
- Keebler Sandwich Cracker Club and Cheddar
- Keebler Wheatables Golden Wheat, Toasted Honey Wheat
- Kellogg's Special K Crackers Multi-Grain, Savory Herb
- Kraft Handi-Snacks Premium Breadsticks 'n Cheese Dip, Mister Salty Pretzels 'n Cheese Dip
- Nabisco 100 Calorie Sweet & Salty Mix Kettle Flavor
- Nabisco 100 Calorie Nabisco Premium Saltines Original, Unsalted Tops, Hint of Salt, Fat Free, Whole Grain, Minis,
   Fresh Stacks
- Nabisco Premium Soup & Oyster Crackers
- Pepperidge Farm Baked Naturals Cracker Chips Simply Potato, Cheddar & Sour Cream Potato, Simply Multi-Grain
- Pepperidge Farm Baked Naturals Cheese Crisps Cheddar, Four Cheese Italian Herb
- Pepperidge Farm Baked Naturals Wheat Crisps Toasted Wheat
- Pepperidge Farm Distinctive Crackers Golden Butter
- ShopRite Society Crackers
- ShopRite Cheese Crackers
- ShopRite Whole Wheat Wafers Original, Reduced Fat, Rosemary & Olive Oil
- ShopRite Wheat Snacks Original, Reduced Fat
- ShopRite Saltines Original, Fat Free, Unsalted Tops, Wheat
- ShopRite Bits Crackers Original, Low Sodium, Wheat, Roasted Vegetable
- ShopRite Oyster Crackers
- Stoned Wheat Thins Original, Lower Sodium, Mini
- Sunshine Saltines Krispy Original
- Town House Original, Wheat, Reduced Fat
- Town House Toppers Original
- Town House Flipsides Pretzel Crackers Original, Reduced Fat, Cheddar, Garlic & Herb
- Town House Flatbread Crisps Italian Herb, Sea Salt & Olive Oil
- Triscuit Original, Reduced Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Fire Roasted Tomato & Olive Oil, Cracked Pepper & Olive Oil, Roasted Garlic, Rye with Caraway Seeds
- Triscuit Minis Original
- Triscuit Thin Crisps Original, Parmesan Garlic, Four Cheeses, Chile Pepper
- Wheat Thins Original, Reduced Fat, Hint of Salt, Ranch, Reduced Fat Garlic & Herb, 100% Whole Grain, Sundried Tomato & Basil, Multigrain, Parmesan & Basil
- Wheat Thins Fiber Selects 5 Grain, Garden Vegetable

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#### **GRAHAM CRACKERS**

- ▲ Skeeter Snacks Cinnamon Grahams [EGG Processed in Facility]
- Cinnamon Grahams Plain, Low Fat
- Goldfish Grahams Cinnamon, Vanilla, Chocolate, Chocolate Chip
- Keebler Grahams Original, Cinnamon, Honey
- Keebler Scooby-Doo Graham Cracker Sticks Honey, Cinnamon
- Keebler Grahams Bites Cinnamon
- Nabisco Grahams Original
- Nabisco Honey Maid Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
- ShopRite Sugar Honey Grahams, Sugar Honey Grahams Low Fat, Chocolate Grahams
- Teddy Grahams Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini

#### **COOKIES**

- ✓ Cybele's Free-to-Eat Cookies Chocolate Chip, Chocolate Chunk Brownie, Oatmeal Raisin
- √ Divvies Cookies Chocolate Brownie, Chocolate Chip, Molasses Ginger, Oatmeal Raisin, Sugar
- √ Enjoy Life Crunchy Cookies Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham
- √ Enjoy Life Soft Baked Cookies Chocolate Chip, Double Chocolate Brownie, Gingerbread Spice, Snickerdoodle
- ✓ HomeFree Gluten Free Cookies Chocolate Chip, Oatmeal
- √ HomeFree Gluten Free Mini Cookies Chocolate Chip, Double Chocolate Chip, Vanilla
- √ Lucy's Gluten Free Cookies Chocolate, Chocolate Chip, Cinnamon Thin, Ginger Snap, Maple Bliss, Oatmeal, Sugar
- √ Red Plate Foods Cookies Chocolate Chip, Double Chocolate, Lemon Sugar, Oatmeal
- ✓ **Sweet Alexis Cookies** Chocolate Chip, Ginger, Lemon Sugar, Oatmeal Chocolate Chip, Oatmeal, Shortbread, Sunflower Butter Chocolate Chip
- √ Sweet Alexis Novelty Vanilla Cookies Baseball, Basketball, Blue, Flower, Happy Face, Heart, Patriotic, Shamrock
- √ Sweet Alexis "Wheatless" Cookies Chocolate Chip
- ▲ Skeeter Snacks Cookies [Contains EGG] Chocolate Chip Minis, Chocolate Chunk, Chocolate Cubed, Golden Oatmeal, Skeeter Doodle
- ▲ Touche' Bakery Biscotti [Contains EGG] Extra Cranberry
- ▲ Touche' Bakery Meringues [Contains EGG] Chocolate Chip, Mint Chocolate Chip, Rainbow,
- ▲ *Touche' Bakery Mini Biscotti* [Contains EGG] Cappuccino Chocolate Chip, Etxra Cranberry, Orange Zest, Triple Chocolate
- Barnum's Animal Crackers Original
- Chips Ahoy Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini
- Dare Foods-Breaktime Chocolate Chip, Oatmeal, Ginger
- Dare Foods Pure Chocolate Whippet
- Keebler Vanilla Wafers Original, Mini
- Lorna Doone Shortbread Cookies
- Nabisco 100 Calorie Packs Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
- Nabisco Biscos Sugar Wafers Creme Filling
- Nabisco Ginger Snaps
- Newtons Original Fig, Fat Free, Whole Grain, Strawberry, Raspberry
- Newtons Minis Whole Grain Fig
- Newtons Fruit Crisps Apple Cinnamon
- Oreos Original, Double Stuf
- ShopRite Scrunchy Animal Crackers
- Snackwells 100 Calorie Packs Vanilla Creme Sandwich, Double Chocolate Chip Cookies,
   Fudge Drizzled Chocolate Chip Cookies, Fudge Shortbread Fudge Petites, Mint Fudge Shortbread Fudge Petites

#### **MARSHMALLOW**

- √ AllerEnergy Marshmallows, Marshmallow Treets, Marshmallow Crème
- ShopRite Marshmallows
- Campfire Marshmallows



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#### NUTRITION/CEREAL/ENERGY/GRANOLA BARS and TOASTER PASTRIES

- √ Candice Foods Energy Bars Blueberry Vanilla, Chocolate Cherry, Chocolate Fudge, Chocolate Mint, Chocolate Orange, Mocha Java, Raspberry Banana
- ✓ Don't Go Nuts Energy Bars Blueberry Blast, Boogie Board Bash, Celestial Campout, Gorilla Power, Lift Service, Whitewater Chomp
- √ Enjoy Life Baked Chewy Bars Caramel Apple, Cocoa Loco, Mixed Berry, SunButter Crunch
- √ Enjoy Life Decadent Soft Baked Bars Cherry Cobbler, Chocolate SunButter, Cinnamon Bun, S'Mores
- ▲ Vermont Nut Free Tanabar [EGG Processed in Facility] Chocolate Chip, Sweet Raisin, Triple Berry
- ✓ AllerEnergy Nutrition Bars Apple Cinnamon, Blueberry, Cherry Blossom, Chocolate Chip
- ✓ EnerPro Double Chocolate Bar, Oatmeal Chocolate Bar
- √ Nonuttin' Granola Bars Apple Cinnamon, Chocolate Chip, Double Chocolate Chunk, Raisin
- *Nutri Grain Cereal Bars* Blueberry, Strawberry, Apple Cinnamon, Blackberry, Mixed Berry, Raspberry, Cherry Pomegranate, Strawberry Acai
- Special K Bar Blueberry, Strawberry, Chocolatey Drizzle, Raspberry Cheesecake, Vanilla Crisp
- Kellogg's Rice Krispies Treats Original
- Kellogg's Pop Tarts Brown Sugar, Cinnamon, Blueberry Unfrosted, Frosted Apple, Frosted Strawberry, Strawberry, Unfrosted, Low Fat Frosted Strawberry, Frosted Cherry, Frosted Wild Berry
- Kellogg's Pop Tart Mini Crisps Frosted Chocolate, Frosted Strawberry
- Nature's Path Organic Toasted Pastries Frosted Chocolate, Frosted Strawberry, Frosted Cherry Pomogran, Blueberry

#### **BREAKFAST CEREAL**

- √ Enjoy Life Crunchy Cereals Crunchy Flax Original, Crunchy Flax with Chia, Crunchy Rice
- √ Freedom Foods Cereals Ancient Grains, Cocoa Crunch, Corn Flakes, Maple Crunch, Pro-Teen Crunch, Rice Flakes, Rice Puffs, TropicOs

#### BAKING/FLOURS/MIXES

- √ Allergic Solution Cake Mixes Carob, Vanilla
- √ Allergic Solution Yeast Free Bread Mix
- √ Allergic Solution Pancake/Waffle Mix
- √ Amanda's Own Confections Chocolate Chips
- √ Divvies Frosting Chocolate, Vanilla
- √ Divvies Semisweet Chocolate Chips
- √ Enjoy Life Baking Chocolate Semi-Sweet Mega Chunks, Semi-Sweet Mini Chips
- √ Gerbs Dark Chocolate Chips
- √ Gerbs Gluten Free Rolled Oats
- √ HomeFree Gluten Free Oat Flour
- √ HomeFree Gluten Free Quick Oat Flakes
- √ HomeFree Organic Tapioca Starch
- √ HomeFree Soy Lecithin Powder
- √ HomeFree Sunflower Lecithin Powder
- ✓ **Southern Homestyle Gluten Free Corn Crumbs** Cornflake, Tortilla
- ▲ Vermont Nut Free Candy Melts [EGG Processed in Facility] Dark Chocolate, Milk Chocolate, White Chocolate
- ▲ Vermont Nut Free Chocolate Chips [EGG Processed in Facility] Butter Scotch, Milk Chocolate, Semi-Sweet Chocolate, White Chocolate
- ▲ Vermont Nut Free Cocoa Powder [EGG Processed in Facility]
- ▲ Vermont Nut Free Unsweetened Baking Chocolate [EGG Processed in Facility]

#### **CUPCAKES/MUFFINS**

- √ Divvies Cupcakes Chocolate, Vanilla
- √ Red Plate Foods Muffins Banana, Blueberry Lemon, Cranberry Orange, Dark Chocolate
- √ Sweet Alexis Cupcakes Chocolate/Chocolate, Chocolate/Cream, Chocolate/Orange, Chocolate/Pink, Pumpkin, Red Velvet
- √ Sweet Alexis Muffins Banana, Zucchini

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# CANDY

- √ Amanda's Own Confections Assorted Gourmet Jelly Beans, Sour Gummy Bears, Sour Gummy Worms
- √ Charms Pops, Blow Pops, Mini Pops

Safe Snack Guide

- √ Charms Blow Pop Bubblegum
- √ Charms Sour Balls
- √ Charms Squares
- √ Crows
- √ Cry Baby Sour Gumballs
- √ Divvies Solid Gum Balls
- √ Divvies Super Stars
- ✓ Dots
- √ Double Bubble Gumballs, Twist Wrap,
- √ Sugar Daddy
- ✓ Surf Sweets Fruity Bears, Fruity Hearts, Gummy Bears, Gummy Worms, Peach Rings, Sour Berry Bears, Sour Worms, Spooky Spiders, Watermelon Rings
- ✓ *Surf Sweets Jelly Beans* Original, Spring Mix
- ✓ Dots
- √ Parade Cotton Candy
- √ Sugar Daddy
- √ Tear Jerkers Sour Bubble Gum
- √ Tootsie Fruit Rolls Cherry, Lemon, Lime, Orange, Vanilla
- √ Tootsie Pop Drops
- √ Tootsie Pops Cheery, Chocolate, Grape, Orange, Raspberry
- √ Tootsie Roll
- ▲ Charleston Chew [Contains EGG]
- ▲ Junior Caramels [EGG processed in facility]
- ▲ Junior Mints [EGG processed in facility]
- ▲ Sugar Babies [EGG processed in facility]
- ▲ Vermont Nut Free Jelly Beans [EGG processed in Facility]
- ▲ Vermont Nut Free Skippers [EGG processed in Facility] Dark Chocolate, Milk Chocolate
- ▲ **Vermont Nut Free Toffee Crunch Bark** [EGG processed in Facility]
- Andes Mints All varieties
- Dum Dum Pops
- Frooties
- Good & Plenty
- Hot Tamales
- Kraft Caramels
- Lifesavers Hard Candies
- Lifesavers Gummies
- Lifesavers Gummies Collisions

- Mike and Ike
- Milk Duds
- Jolly Rancher Hard Candy
- Jolly Rancher Doubles
- Pez
- Push Pop
- Red Vines
- Razzles
- Rolo

- Skittles All varieties
- Smarties
- Sour Patch Kids
- Sour Punch Straws Apple, Strawberry
- Starburst Fruit Chews All varieties
- Starburst GummiBursts All varieties
- Starburst JellyBeans All varieties
- Twizzlers All wrapped varieties
- Whoppers Original Only
- Zours

# PEANUT BUTTER ALTERNATIVES/SPREADS

- ✓ Don't Go Nuts Soy Butter Chocolate, Cinnamon Sugar, Lightly Sea Salted, Pure Unsalted, Slightly Sweet
- √ Gerbs Sea Salted Butters Pumpkin, Sunflower
- ✓ *I.M.Healthy SoyNut Butter* Chocolate, Honey Creamy, Honey Chunky, Original Creamy, Original Chunky, Unsweetened Creamy, Unsweetened Chunky
- ✓ SunButter Sunflower Seed Spread Creamy, Natural Creamy, Natural Crunch, Natural No-Stir, Natural No-Stir On the Go, Natural Omega-3, Organic Unsweetened
- √ Wowbutter Peanut Butter Taste Creamy, Crunchy

#### **FUDGE**

▲ Vermont Nut Free Fudge [EGG processed in Facility] — Chocolate, Maple, White Chocolate

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#### **CHOCOLATE**

- √ Amanda's Own Confections Chocolate Bars
- √ Amanda's Own Confections Chocolates Shape Varieties, Crispy Bark, Marshmallow Clusters, Peppermint Bark
- √ Amore di Mona Bars
   Caramela, Caramela with Cherries, Caramela with Cranberries,

Caramela with Crunchy Coffee Beans, Dark Chocolate, Dark Chocolate Bulk,

Dark Chocolate with Crunchy Coffee Beans, Dark Chocolate with Currants

- √ Amora di Mona Gift Boxes Connoisseur Box, Holiday Box
- √ Divvies Chocolate Bar Benjamint Crunch, Divvine Chocolate, Semi-Sweet Chocolate with Rice Crunch
- ✓ Divvies Hand-Poured Chocolate Divvisaurus Chocolate Dinosaur, BOO!! X 2 Ghosts, BAG O' BATS
- √ Enjoy Life Boom Choco Boom Chocolate Bars Dark Chocolate, Ricemilk Chocolate, Ricemilk Crunch
- ✓ Pascha Organic Dark Chocolate 55% Cacao, 55% Cacao with Cocoa Nibs, 55% Cacao with Goldenberries, 70% Cacao, 85% Cacao
- ✓ **Sun Cups** Dark Chocolate Mint Cup, Dark Chocolate Sun Butter Cup, Milk Chocolate Caramel Cup, Milk Chocolate Sun Butter Cup
- ▲ Vermont Nut Free Chocolate Bars [EGG processed in Facility] Large, Mini, Small Crispy, Dark, Milk varieties
- ▲ Vermont Nut Free Chocolate Coins [EGG Processed in Facility] Dark, Milk
- ▲ Vermont Nut Free Chocolate Covered Mini-Twist Pretzels [EGG Processed in Facility] Dark, Milk, White, Assorted
- ▲ Vermont Nut Free Chocolate Pops [EGG Processed in Facility] Every Day, Special Occasion, Sports & Leisure, Summertime Milk, White varieties
- ▲ Vermont Nut Free Chocolate Shapes [EGG Processed in Facility] Bag of Bugs, Bag of Cats, Bag of Dogs, Dollar signs, Drops, Flower Assortment, Frog, Herd of Cows, Litter of Pigs, School of Fish, Sports Fan Assortment, Tackle Box, Turtle, Unicorn Crispy, Milk, Dark, White varieties
- √ Nonuttin' Dark Chocolate Chunks
- Hershey's Chocolate Bars 1.55 oz Bars (Note: other sizes may not be safe)
- Hershey's Chocolate Kisses Plain, Special Dark

#### ICE POPS and ICES

- Dole Fruit Bars Variety 12 Pack (Strawberry, Grape, Raspberry)
- Luigi's Real Italian Ice 6 Pack Varieties: Cherry, Lemon, Lemon & Strawberry, Mango, Watermelon & Blue Raspberry
- Marino's Italian Ice 12 Pack Varieties: Blue, Bubble Gum, Cherry, Chocolate, Cola, Grape, Lemon, Lime, Mango,
   Orange, Pineapple, Rainbow, Strawberry, Tropical, Watermelon
- ShopRite Red White Blue Pops 12 Pack
- Minute Maid Juice Bars 12 Pack Varieties: Cherry, Grape, Orange
- Breyers Pure Fruit Bars 12 Pack (Strawberry, Orange, Raspberry)

#### FROZEN ENTREES/APPETIZERS/SIDES/DESSERTS

- √ Ian's Sweet Potato Fries
- ▲ Ian's Alphatots [EGG processed in facility]
- ▲ Ian's Breaded Popcorn Turkey Dogs [EGG processed in facility]
- ▲ Ian's Chicken Nuggets [EGG processed in facility]
- ▲ Ian's Chicken Patties [EGG processed in facility]
- ▲ lan's Chicken Tenders [EGG processed in facility]
- ▲ Ian's Cinnamon French Toast Sticks [EGG processed in facility]
- ▲ Ian's Fish Sticks [EGG processed in facility] Corn Breading, Wheat Breading
- ▲ Ian's French Bread Pizza [EGG processed in facility] Cheesy
- ▲ Ian's Mac and No Cheese [EGG processed in facility]
- ▲ Ian's Onion Rings [EGG processed in facility]
- ▲ Ian's Pancrepes [Contains EGG]— Apple, Blueberry, Sausage, Strawberry
- ▲ Ian's Smokin' Sweet BBQ Chicken Nuggets [EGG processed in facility]
- ▲ Ian's Southwest Chicken Tenders [EGG processed in facility]
- ▲ Ian's USDA Organic Chicken Nuggets [EGG processed in facility]